

KIND WORDS

"We liked that IDP was so family oriented. They were always aware of our family as they worked with us in terms of strategies they suggested, changes to our home etc. Home visits were so good!"



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"Our consultant and physiotherapist always focused on meeting our daughter where she was and looking at the next little steps. They always looked at our daughter's abilities, and I always felt better after our visits."

"The best part of IDP is the experience, knowledge, support, openness, community feeling, and the list goes on. It was nice to feel part of belonging to a group during such a difficult emotional time."



The Vancouver Infant Development Program is a home visiting program for families with infants and toddlers from birth to 36 months who have, or are at risk for, developmental delay, or who have a diagnosed condition.



**Developmental
Disabilities Association**

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VANCOUVER INFANT DEVELOPMENT PROGRAM



**Developmental
Disabilities Association**

WHY IDP?

Are you concerned about your baby's development? If so, the Vancouver Infant Development Program (IDP) is a home visiting program for families with infants and toddlers from birth to 36 months who have, or are at risk for, developmental delay, or who have a diagnosed condition.

It is an opportunity for parents to:

- Learn ways to maximize your child's development through evidence-based interventions, consultation, education and assessment.
- Discuss child development milestones and parenting concerns.
- Make the best use of a full range of community activities and resources.
- Meet other parents.

For your baby to:

- Discover abilities.
- Learn new skills.
- Become more independent.

REFERRALS

As a parent or legal guardian, you may contact our Infant Development Program directly, or you may be referred by a doctor, public health nurse or community professional.

You may submit referrals by filling out our IDP referral form online at: www.develop.bc.ca/programs/family-support. For any questions, please contact us at: 604.435.8166 or email vancouveridp@develop.bc.ca.



ABOUT IDP

IDP is family-centred, which means that you, the parent, decide what kind of support you need.

Families play a vital role in every child's development. From birth to three years, a child develops at a rapid pace. Early childhood development depends in part on experiences provided by the infant's family.

Once you are referred to the program, a Consultant will meet with you to create a plan for service. Together, you will plan activities that best meet both your child's and your family's needs. Your Consultant will provide up-to-date information if your child has a diagnosed condition.

Infant Development Consultants are university graduates with skills and knowledge specializing in child development. They will assist you to enhance your infant's most important years. Your participation is voluntary and free of charge.

SERVICES

IDP services may include:

- Home visits to encourage developmental progress, develop new goals and activities, and support parents.
- Formal and informal developmental screenings, assessments and written reports.
- Gross Motor screening by a pediatric physiotherapist as necessary.
- Ongoing physiotherapy as necessary.
- Parent-Child Groups as an enhancement to the home visit program.
- Toy and book lending library.
- Assistance for you and your child making a transition or referral to another program or agency.

PARENT-CHILD GROUPS

Group programs are offered as an enhancement to your home visiting program. Once you are part of the Vancouver IDP you are welcome to attend any IDP Groups that are suitable to your child's age and stage. Parents attend with their child. Throughout the year we offer:

- Parent-Child Mother Goose
- Toddler Time
- Baby Belugas
- Infant Massage
- Upside Down Playgroup (for families of children with Down syndrome)