


















Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2.</p> <p><b>HAPPY NEW YEAR!!</b></p>  <p><b>Hello January</b></p> 	<p>3.</p> <p><b>REMEMBERING GREAT CANADIANS: HOCKEY LEGEND WAYNE GRETZKY</b> At the Drop In 6-7:30 PM \$3</p>	<p>4.</p> <p><b>HILLCREST SKATING &amp; HOT CHOCOLATE</b> At Drop In 4:30 PM Return 8:30 PM Hot Dog dinner included \$8</p> 	<p>5.</p> <p><b>VIRTUAL CONCERT: BEETHOVEN'S FAMOUS "SYMPHONY NUMBER 9TH"</b> at the Drop-In 6 – 7:30 pm \$3</p>	<p>6.</p> <p><b>BINGO and PIZZA</b> at the Drop-In 5 – 7:15 pm \$8</p> 	<p>7.</p> <p><b>EAGLE WATCHING + LUNCH</b> (Boundary Bay Park) At Drop-In 10:30 am Return at ~ 5:30 pm Includes lunch. \$25</p> 
<p>9.</p> <p><b>CHAIR YOGA AND MEDITATION</b> Release your stress 6-7:30 PM \$2</p> 	<p>10.</p> <p><b>MOVIE NIGHT</b> Meet at Marine Gateway in front of Cineplex entrance \$13 <u>We will inform you what time we will meet and what movie we will watch</u></p> 	<p>11.</p> <p><b>BOWLING AT THE LUCKY 9 LANES (Richmond)</b> Meet at Drop-In 6 pm Return at 9 pm \$8</p> 	<p>12.</p> <p><b>COOKING HEALTHY DINNER CAN BE FUN</b> At Drop In 5-7:15 PM \$10 <i>2 CUPS LOVE + 2 CUPS LAUGHTER = SMILES 4 EVERYONE</i></p> 	<p>13.</p> <p><b>MULLED WINE: HOT AND SPICE NON ALCOHOLIC FAMOUS WINTER DRINK</b> At Drop In 6-7:30 PM \$6</p> 	<p>14.</p> <p><b>LIGHTS AT LAFARGE LAKE</b> At Drop-In 2 pm Return at 9 pm We will make dinner at Drop In and will have Beaver Tails and hot chocolate at the Lake. \$25</p>
<p>16.</p> <p><b>X-BOX GAMES</b> have fun and stay in shape at Drop In 6 - 7:30pm \$2</p> 	<p>17.</p> <p><b>PUB NIGHT (Eastside Craffthouse)</b> 1445 E 41st Ave At the Pub 5 pm Finish ~ 7 pm \$25 for dinner + Pop \$30 for dinner + Beer</p> <p><b>FEBRUARY REGISTRATION STARTS</b></p>	<p>18.</p> <p><b>AEROBIC DANCE</b> Easy and Fun for everyone At the Drop In 6-7:30 pm \$3</p> 	<p>19.</p> <p><b>BINGO and PIZZA</b> at the Drop-In 5 – 7:15 pm \$8</p> 	<p>20.</p> <p><b>CRAFT NIGHT: COLLAGE TIME</b> At Drop In 6-7:45 PM \$5</p> 	<p>21.</p> <p><b>UBC THUNDERBIRD MEN'S HOCKEY vs MANITOBA BISON</b> (Doug Mitchell Thunderbird Sports Centre) At Drop In 11 AM Return 6 PM Lunch at Drop In included. \$23</p>
<p>23.</p> <p><b>SING ALONG TO YOUR FAVORITE SONGS</b> 6 – 7:30 pm \$2</p>	<p>24.</p> <p><b>CHINESE NEW YEAR CELEBRATION: YEAR OF THE RABBIT</b> At Drop-In 6 – 7:30 pm \$3 <b>FEBRUARY REGISTRATION ENDS</b></p>	<p>25.</p> <p><b>UPHORIA YOGA (88 East Broadway)</b> Enjoy a private yoga session for DDA Clients only At Drop In 5:15 PM Return 7:30 PM Have early dinner at home \$17</p>	<p>26.</p> <p><b>WORD SEARCH &amp; SMOOTHIES</b> At Drop-In 6:00-7:30 pm \$5</p> 	<p>27.</p> <p><b>BAKING: FRUIT CUPCAKES</b> At Drop In 6-8 PM \$5</p>	<p>28.</p> <p><b>WINTER CRAFT</b> At Drop In 10-11:30 AM \$5</p> <p><b>SNOW TUBING AT MT. SEYMOUR</b> At Drop In 12 PM Return 5 PM Lunch at Drop In included. \$33</p>
<p>30.</p> <p><b>QI GONG</b> Gentle activity to stay healthy 6-7:30pm \$2</p>	<p>31.</p> <p><b>PUZZLE MANIA</b> Jigsaw puzzles night 6-7:30 PM \$3</p>		 <p>Goodbye January</p>		 <p>It's Cold Outside!</p>