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# CHILDHOOD DISABILITY RATES ON THE RISE

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# OUR BIG SECRET IS OUT!

Over the past few months, we have been working on a makeover for DDA! What do you think of our new newsletter?

Stay tuned for more fresh new looks!



# WHERE TO FROM HERE?

#### **BY ALANNA HENDREN**

"Innovation and Sustainability" are currently the buzzwords in social services all over North America, the point being that if we do not innovate and better coordinate the services we provide to people with disabilities, they will not exist or be sustainable for the individuals who will need them over the long term. Who is "we"? "We" in this case means governments at all levels, bureaucrats, agency boards and executive directors, charities, unions, staff, philanthropists, families and support network members. The provincial government that fuels most social services with money will not be increasing

> We need to develop new ways of operating in our own organizations and with each other.

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funding for the next 5 years, at minimum, while demographic projections indicate an increase in the number of teens with special needs turning 19 (including those with autism), an increase in the number of senior adults with developmental disabilities who will be losing their more senior parents, and an increase in the number of aging adults who will require greater physical care.

Children's services will also continue to grow, with more families needing more support in the areas of parenting, child care, teaching assistance, therapies

and coping with the costs of raising a child in Vancouver or Richmond. With no additional funding in place, "we" will have to stretch resources and create new ways of supporting people or the system will only be able to cater to the lucky few while others sit on endless wait lists. In the case of children's services, waiting can have devastating developmental consequences, so we will need some innovative, on-the-ground solutions. Our Vancouver IDP program has responded to this problem by developing an excellent wait-list management program and has also leveraged relatively small amounts of money to meet community need, but there are currently challenges with wait lists for our child development centers and with supported childcare funding in general.

Community Living B.C. has managed to decrease per-unit costs of adult residential services by heavily promoting Home Share as an option, rationing group home spaces, expanding respite options and offering direct funding to families so they can keep their adult sons and daughters home longer, but the costs of services continue to increase based on supply and demand. That means more people are eating the same slice of pie, so how do we divide it up? Does everyone get a taste or do some people get bite-fulls while others get nothing?

There is no way "we" will be able to address our current challenges by ignoring them or by operating as we have to this point, which we all agree is not sustainable overall. We need to develop new ways of operating in our own organizations and with each other. Government needs to begin to better incentivize developmental outcomes or results rather than rewarding an expensive, sometimes dysfunctional status quo. We all need to be able to support more people in spite of static funding.

Over the years we have advocated for full citizenship and inclusion for people with developmental disabilities and we can all offer examples of great successes - people working, people living on their own, people enjoying the same lives as their peers. Our job is unfinished if we do not ensure that these opportunities for inclusion continue to be available for all children and adults with unique needs. We all need to do our work and play our roles differently, with a clearer vision of where we are going, what resources we have to get there, and with an almost fanatical focus on the individuals who need our support. Only then will we know if we have truly succeeded in our endeavors.

# CHILD AND YOUTH SERVICES PAST AND PRESENT

#### **BY ANDREW ROETS**

Our child care programs began as a result of parents who were unable to get their children with developmental disabilities into the regular school system. These parents decided to start schools of their own to help educate their children, and Berwick was our first program, initiated in 1972. For many years, our childcare programs as they slowly expanded throughout Vancouver and Richmond, were segregated settings for children with developmental disabilities. When a provincial government contract became available later in the 70s, enrolment had to follow government criteria, and at that point we accepted most children with disabilities, regardless of diagnosis. These children were bussed from all areas of Vancouver and Richmond to various programs. We soon became known for our expertise in the preschool area. This situation continued until the mid-1980s when many parents began to indicate a strong desire for their children to be included in typical programs in the community with support. The school system began to create some inclusive classrooms and in turn we responded to parental input and began to do, 'reverse inclusion' at our programs, bringing in typical children from the neighbourhood to our child care settings. This was a gradual process until the introduction of **Supported Child Care** around 1993, when

upported Child Care around 1993, when the mandate became 'no more than 25% of children with developmental delays in any one child care program'.

Today, our child care programs continue to thrive, supporting children with various disabilities in more inclusive quality programs. All children take part in all activities. We have 8 inclusive Child **Development Centres for** children ages 6mos - school age, one Out-of-School program for children ages 5-12, and one 0.0.S. program for youth ages 13-19. D.D.A. currently provides 85 spaces via contracts with SCDP and MCFD in our children/youth programs. As some spaces are shared, there are more than 90 children/ youth with developmental delays attending; providing service to more than 450 children and families in total annually.



Inclusive childcare is an area of great expertise for DDA. We are well recognized in both Vancouver and Richmond for the quality of our programs and the gains made by children with disabilities who attend. Child care staff are often the first professionals parents come into contact with, and have a profound impact both on the child and the family. They offer referrals to other resources, connection with our own Family Support program, Respite and very valuable information about their child. As well, the parent is central in the development of the Child and Family Support Plan for their child and can clearly see the gains made by their child.

Child and Youth Services of DDA are proud of the work we have done in the area of inclusion, our history, and present endeavours. We look forward to future opportunities to further support Children and Families in the Vancouver and Richmond area.





# CHILDHOOD DISABILITY ON THE RISE

#### **BY ALANNA HENDREN**

The Children's Hospital of Pittsburgh has recently completed a study, led by researcher Dr. Amy Houtrow, MD, PhD, MPH that demonstrates the percentage of children with disabilities due to neurodevelopmental or mental health conditions continues to rise, particularly amongst socio-economically advantaged children.

Appearing in the September edition of *Pediatrics*, the study found that there has been a 12% decline in physical-health disabilities, but a 21% increase in neurodevelopmental and mental health disabilities (including autism).

After reviewing data from the US Centers for Disease Control and Prevention between 2001 and 2011, researchers concluded that children living in poverty had the highest rate of disability over the last 10 years (102.6 cases per 1000 population), but these rates had not escalated dramatically. Those children whose family income was 400% or more over the federal poverty line, however, had a hefty 28.4% increase in disabilities over the past decade. For the first time since the U.S. began tracking disability in 1957, the rise in prevalence is disproportionally occurring in socially advantaged children.

Researches postulated four possible explanations for the dramatic increase in neurodevelopmental disorders among children from wealthier families:

- 1. Shift in diagnostic criteria
- 2. Overall increase in rates of autism
- 3. Increased awareness of neurodevelopmental disabilities amongst families and general population
- 4. The connection between funding and certain diagnostic labels such as autism

Pediatricians have been noting these increases in disabilities over the past 10 years, but this study is the first to review all diagnostic data and

provide evidence about the extent of the increase. Documenting the growing demographics is a good first step in determining the resources that are and will be required to meet the needs of increasing numbers of children with autism and other developmental disabilities. Those disability conditions also require more study in terms of why a greater number of children in affluent families are diagnosed with neurodevelopmental disabilities.

In 1980, the estimated prevalence of autism was 1 in 10,000. Today that number is estimated to be 1 in 100, although the "spectrum" of autism has been expanded diagnostically over the last 20 years or so. Better prevention and treatment strategies are required to deliver services that will meet the needs of all children, but only continued research will lead us to solutions. We are already falling behind in our capacity to support growing numbers of infants and children with neurodevelopment challenges in BC and around the world.



# KIDS AT GF STRONG CDC MURAL FACE LIFT

#### **BY LEANNA LOGAN**

The outside mural at Kids at GF Strong Child Development Centre was in poor shape and a boring view for our toddler room. Located inside GF Strong Rehabilitation Centre, staff there really stepped up to help KGF out.

With a donation of paint from Sam at Suma's Painting, KGF teacher Wendy and Martin from GF maintenance were able to renew the "Under the Sea" theme background. GF Strong Creative Art Therapist, Michelle Weeks applied her talents to the sea animals that were saved from loss by Rob, our security guard.

The glue was donated by Randy of Gima Masonry and the aquatic life was put back in place with the help of another teacher, Cora.

The children, families and staff are thrilled with the brightened scene. We appreciate the efforts of all involved.

Truly, a wonderful team project. Thank you!



# PROFILE FEATURE: KULDEEP MANN

#### **BY: TANYA CHEUNG**

I've worked with Kuldeep for almost three years, and aside from knowing she makes a killer butter chicken, I really don't know too much about her. In light of this issue's child care themed newsletter, it gave me a good excuse to sit down and get to know more about her and her role at DDA.

#### Tell us about yourself.

I have always loved working with children, so naturally I went to attain my ECE after high school. As a mom of two, I understand how access to affordable and quality childcare is important, which is why I love working at DDA. When I'm not at work, I fill my time with family-fun activities and reading a great book when I find time for myself.

#### When did you start working at DDA?

DDA is the only place I have ever worked, I have been here for 24 years. I started out at Champlain Child Development Centre as an assistant teacher and worked my way into the manager's position. I was at Champlain until 2003. At this point, I took almost three years off to start my family. When I came back to work I was in the manager's position at Riverside Child Development Centre for 6 months and then moved to my present position at Kids in General.

#### What is a typical day like at work? (If there is one!)

There is no typical day at work. Each day is unique. On any given day I can be dealing with staff calling in sick, a maintenance issue with Vancouver Coastal Health(our landlord), supporting a family through a crisis or playing with the babies (my favorite).

#### What do you find the most challenging as an ECE?

I think the most challenging aspect of working in the ECE field is the lack of respect we get from the general community. Unfortunately we are viewed as

glorified babysitters by most people. It is only when a family has entered the daycare/pre-school environment do they realize the importance of what we do. We are not only caregivers but educators as well.

#### What is the one piece of advice you'd like to tell families?

I would tell all families to take the time to just to play together. I know that sounds really simple but there is so much pressure on families these days that parents forget to enjoy the simple things in life. You will learn so much from your child by giving them your undivided attention and just having fun with them. I can guarantee you that these are the moments that both parents and children will remember forever.

Great advice! Thank you Kuldeep for taking the time to chat with us.





# **BERWICK 40TH ANNIVERSARY CELEBRATION**

## **BY ANDREW ROETS**

In October 2014 Berwick Child Development Centre celebrated forty years of providing Specialized and Inclusive care to children of the lower mainland.

From its inception in 1974, Berwick has been a very unique environment in the Child Care world, pioneering specialized developmental programs, therapy



## VERY TOP: MLA Jenny Kwan, DDA's Executive Director Alanna Hendren and MLA Linda Reid cut the ribbon.

and research for children with a developmental delay to the Inclusive model which is used today since the late-80s. Berwick is located at the University of British Columbia endowment lands. At first it was nestled in a serene forest, now is neighboured by Campus residents and fraternities.

We celebrated the 40th anniversary on Oct 2nd; the festivities were attended by Community friends, by some of the past 2000 or so children/families who went through Berwick's doors and the many staff who have supported this distinctive centre.

















WWW.DEVELOP.BC.CA

# DDA SPRING 2015 Workshops

# A PARENT EMPOWERMENT WITH DEBBIE HAVUSHA

A well-deserved parent/coaching program is here for you! Invest in the opportunities that you can re-create for yourself, and for your young adult.

WHILE ATTENDING THE WORKSHOPS, YOU WILL BE:

- Exploring and understanding your values
- Expressing and affirming your strengths
- Gaining new perspectives to asking questions differently
- Acquiring coach-approach tools that enrish you to be in a fulfilling conversation
- · Gaining resources from the wellness and educational fields

Sourcepoint Shiatsu Centre 3261 Heather St. Vancouver

## NO COST

Pre-registration required. Please contact Terry Schenkel at tschenkel@develop.bc.ca or 604-233-5433 to register.

# FEB FINANCIAL PLANNING: KNOW someone with a RDSP or RESP? 28 2015 AMERICAN?

Changes are coming! Want to know about trust? Come to 10AM-1PM this workshop!

3455 Kaslo Street Vancouver

## NO COST

Pre-registration required. Please contact Terry Schenkel at tschenkel@develop.bc.ca or 604-233-5433 to register.

## MAR WHA TURI 26 2015 DEC 7PM-9PM Come t

27 2015

**7PM-9PM** 

## WHAT HAPPENS WHEN MY CHILD TURNS 19? HOW DO I HELP WITH DECISIONS?

Come to the workshop to find out more about how a representation agreement is a valuable tool.

3455 Kaslo Street Vancouver

## NO COST

Pre-registration required. Please contact Terry Schenkel at tschenkel@develop.bc.ca or 604-233-5433 to register.

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Here in British Columbia alone, we have over 52,000 seniors who are living on \$16,300 per year or less.



# PUBLIC REPORTING AND Housing Among Top Priorities for New Seniors Advocate

#### **BY DEANNE ZIEBART**

On October 22, Isobel Mackenzie, BC's Seniors Advocate, released her first report, entitled The Journey Begins: Together, We Can Do Better. It outlines her plans, which include "using the powers granted to her under the Seniors Advocate Act to demand public reporting on the quality and accessibility of key services to B.C. seniors" and conducting a comprehensive review of seniors housing. From the news release:

Government and health authorities have based community services and supports to seniors on the assumption that seniors enjoy affordable, accessible and appropriate housing, but there is no information to confirm this assumption. The Office of the Seniors Advocate will look at the full continuum of housing, from independently owned or rented housing to assisted living and residential care, and will deliver recommendations on improvements that can be made to better support seniors' independence across the continuum.

Ms. Mackenzie also recently published an op-ed in which she takes aim at divisive stereotypes about seniors, such as that they are all rich and entitled. She points out:

Statistics Canada pegs the 2011 median income for those over 65 at \$23,700. This means that 50% of seniors in Canada are living on less than \$23,700 per year, with the majority living alone. Compare this to the median income for 35-44 year olds at \$43,300 with the overwhelming majority living in a two-person household sharing costs that are often borne by the single senior. Here in British Columbia alone, we have over 52,000 seniors who are living on \$16,300 per year or less.

The full report "The Journey Begins" can be found at www.seniorsadvocatebc.ca

# HALLOWEEN FUN AT OUR CHILD AND YOUTH CENTRES











# CREEKSIDE











# LEISURE CHALLENGE











# BROCK JUNCTION

WWW.DEVELOP.BC.CA



# SEEDS OF EMPATHY PROGRAM GOALS

## FOR CHILDREN 3-5 YEARS OF AGE:

- To foster the development of empathy and emotional literacy
- To build social and emotional understanding
- To reduce aggression and increase pro-social behaviour
- To develop positive attitudes and competencies in early literacy

## FOR EARLY CHILDHOOD EDUCATORS:

- To increase their knowledge base of early childhood development and skill sets in working with 3-5 year-olds
- To help them promote empathy in Early Childhood settings

# www.seedsofempathy.org

# **SEEDS OF EMPATHY** AT CHAMPLAIN CHILD DEVELOPMENT CENTRE

## BY BECKY WOLFF AND KATHARINE NAUGHTON

For the past seven years, Champlain Child Development Centre has had the honour of welcoming babies into their centre as the star of the Seeds of Empathy Program.

"Seeds of Empathy is designed for Early Childhood settings to foster social and emotional competence and early literacy skills and attitudes in children 3-5 years of age while providing professional development for their educators," says Mary Gordon, Founder and President.

In September 2007, Andrew Roets, Director of Child and Youth Services, approached Champlain staff and suggested taking part in a new initiative named Seeds of Empathy (SOE). Richmond East MLA Linda Reid had asked him if one of the DDA child care centres would be able join in this new and exciting opportunity.

To date, 12 of Champlain's teachers have been trained to introduce the program to 3 to 5 year olds. Presently the curriculum requires an administrator, one family guide, two literacy coaches and most importantly, a precious baby between the ages of two to four months old. When Champlain first started with SOE, only one classroom was able to participate. Additional funding was available in 2009 for training of the second classroom, which enabled more children to partake in the experience.

Seeds of Empathy begins in October of each year and runs until June. In this time, the children meet the baby, get to know the family and learn about the baby's life and development. The teachers help prepare the children for the monthly visits by sharing art projects and literacy story times with books and discussions about different emotions that they and the baby may have in common. They also provide strategies for dealing with the emotions in a positive way.

When the baby and family visits the centre, the children observe him/

her to note any changes from the previous month and learn more about developmental stages and milestones.

Champlain's involvement with the Seeds of Empathy Program has been an

amazing experience that the children are sure to remember.

The Champlain team would also like to thank all of the families who have shared their baby's lives with them. We have witnessed a remarkable difference in the way the children interact with each other, using the knowledge and tools gained from this program.





# **VOLUNTEER** OPPORTUNITIES

## WE'RE LOOKING FOR VOLUNTEERS FOR Events happening between April to August 2015.

Be local Think local Give local

## CONTACT US TODAY TO VOLUNTEER WITH THE DDA!

## **Volunteer for Events Like:**

Port Coquitlam	Rotary May Day Parade
New Westminster	Hyack Parade
Ladner ·····	Ladner May Days Fair
North Vancouver	Lynn Valley Days Parade
Pitt Meadows	Pitt Meadows Day Parade
Coquitlam ·····	Teddy Bear Picnic Grande Parade
Delta ·····	North Delta Family Day Parade
Vancouver ·····	Canada Day Parade
North Vancouver	North Shore Canada Day Parade
Richmond	Steveston Salmon Festival Parade
Vancouver ·····	Vancouver Canadians Game
White Rock ·····	Spirit of the Sea Festival Parade
Squamish ·····	Squamish Days Parade
Vancouver ·····	Vancouver Pride Parade
Richmond	Steveston Dragon Boat Festival
New Westminster	Hyack Christmas Parade of Lights
Mission	Mission Candlelight Parade

## VISIT www.develop.bc.ca OR CALL 604 273 4DDA

# HALLOWEEN AT 55C ARLINGTON



# **CONTRIBUTE TO THE STAR!** WE WANT TO HEAR FROM YOU!

Do you have comments, thoughts, or your own stories about DDA or people with developmental disabilities?

Here's your chance to become a **STAR CONTRIBUTOR!** 

# HOLIDAY OPTIONS SUMMER 2014

### **BY ELLEN CHEN**

This year was another great summer for Holiday Options! Staff members Konstantin, Ellen, Kevin and Rachael started off the summer with some great day trips which included the Sunset Dinner Cruises, whale watching, Theatre Under the Stars, the Scandinave Spa, and a Whitecaps game. Longer trips included Victoria, Saltspring Island, Chilcotin Horse Ranch, Okanagan, Harrison Hot Springs, Whistler, Disneyland and an Alaskan Cruise. On every trip, staff and clients engaged in dynamic activities – highlights included a Kettle Valley train ride, horseback riding on a ranch, and a gondola ride up Whistler Mountain. We enjoyed delicious homemade meals, eating out in restaurants, and relaxing picnics in the park. We reveled in the company of our group, sharing laughter and stories, and delighted in the experiences that our destinations had to offer.

Here are some photos to showcase our amazing summer:



Scandinave Spa welcomes DDA Holiday Options



Lunch at the Fer on Saltspring





Waiting to board for the I ndian Arm Luncheon



WINING

formal night on the Alaskan Cruise

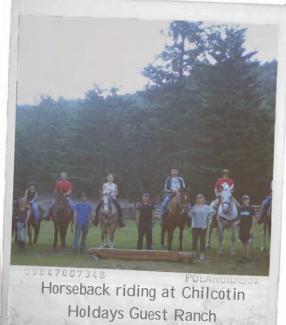


at Kangaroo Creek Farm in Kelowna, BC



Meeting Minnie Mouse Disneyland!





nwood Café J Island



Enjoying the beauty of Butchart Gardens in Victoria



Whale siting off the San Juan Islands during the Whale Watching Day Trip.

# **MY ANNIVERSARY SPEECH**

## **BY JULIE HUBER**

I would like to thank everybody for coming to my special day. I had an amazing summer. I went on lots of different trips with Holiday Options. Saltspring Island was very interesting. Swimming in the pool and lake was very refreshing. It was very interesting to go to a pottery studio. I went to Whistler and swam in the pool everyday. We did lots of different daytrips with our house. Alex and I shared great times together. We live with a great family. Dorothy, Dawn and Eddie have a great sense of humour. Lisa and I went to the beach and listened to the sound of the waves.

#### € ○ ⊙ Э WILLOW STREAM

#### Indulge your senses at Willow Stream Spa

With a focus on finding your energy, the first Willow Stream spa in Vancouver is an oasis of serenity at Fairmont Pacific Rim. Surrounded by stunning city and harbour views the expansive 8,500 square foot retreat offers nine spacious treatment rooms, serene lounges warmed by fireplaces, a spa terrace complete with Jacuzzi, infrared sauna and meditation pods "inviting you to slow down and relax.

There's no better way to relax and #findyourenergy.



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# THE RECYCLING TEAM

## **BY EMMA HUNTER**

The West 8th staff team is proud to introduce the Recycling Team: Mark Li, Kevin Lee, Lisa Pham, Keith Reznik, Nick Cheng, Nathan Taves, William Asseltine, John Xu and Michael Neoh.

Since 2012, this core group from West 8th Day Program takes to the streets with their recycling wagons to collect bottles and cans from the local businesses of the Cambie St corridor. The team was created to develop pre-employment workskills, and for community building and interaction with neighbours.

The West 8th recycling team decided that they would simply knock on local businesses and see how many people they could get to join their newly developed recycling route. They presented a letter that explained who they were and what they were trying to do, and with that they wandered into the neighborhood and introduced themselves to store managers. Businesses including Whole Foods, Home Depot, Save-On-Foods, Rogers Radio, Canadian Tire are just a few that joined the recycling collection route.

Several of the participants have gained a relationship with each vendor and some are known by their first names. Often we walk into the business with a warm welcome and high fives. Folks stop their daily work to interact with the recyclers and the recyclers are proud that they are collecting recyclables and seeing their community friends.

Locals who frequent the depot also exchange quick conversations with the team and some even donate a few cans or bottles.

Presently the route has grown to a total of 18 businesses from Ash and 8th to 6th and Ontario St.

Not only has the route expanded, but some of the local businesses have extended themselves to offer West 8th participants additional services to strengthen their skills. Whole Foods is one business that has offered several in-store educational tours at their location at Cambie and 8th. Each tour has been catered to the interests of the participants at West 8th to help educate them about the grocery store business. Darsi, the Whole Foods team leader guided each group through the store, stopping at every department and showing them how each of them work.

Home Depot has also extended their services by choosing West 8th as their Community Project 2013. Every year Home Depot gives back to the community and chooses a local business and volunteers themselves for a small project. In 2013, Home Depot helped build a recycling shelving unit and installed a new oven at the busy West 8th kitchen.

Recycling continues to teach skills like traffic safety, communication, money skills, sorting skills and team work.

It has been an amazing experience to watch the growth in all the West 8th recyclers, as they build their skills as well as build a successful recycling route from the roots up and make a difference in the community.



Looking for a reliable and eager employee for your business?

## Let Jobs West Employment Services help.

We match our candidates with your available positions. Onsite support is provided for the employer and the candidate until all job requirements are met. We maintain contact with the employee on a regular basis for any re-training or change in job requirements.

- www.jobswestdda.ca —



# **DARTMOOR FAMILY BBQ**

## **BY WILSON LAW**

We had our family BBQ this past September the 4th with great food, family, friends, music and dancing. A good time was had by all!



# MINISTER MCRAE RECOGNIZED JOBS WEST EMPLOYERS AT BC DISABILITY EMPLOYMENT AWARENESS MONTH EVENT

#### **BY KIRSTI INGLIS**

In September, a group of Jobs West staff, clients and employers were invited to attend a recognition event at WorkBC Richmond. The event was held to acknowledge employers and recognize BC Disability Employment Awareness Month. Minister McRae, the Minister of Social Development and Social Innovation, was in attendance and presented a plaque to Avia (WorkBC Richmond). Jobs West is a subcontractor to Avia Employment Services and provides specialized services for persons with developmental disabilities in Richmond. Jobs West was pleased to acknowledge two of their many employers, TU Group and Save On Meats for their commitment to creating an inclusive workforce.

Congratulations Sam and a huge thank you to our many employers for recognizing the wealth of skills and strengths that persons with disabilities bring to the workforce.

ABOVE: Minister McRae with Kirsta Inglis, Job Seeker recently Gavin

[far right] (Kitchen Manager, Save on Metas and former Jobs West employer of the year)

RIGHT: Iain MacAulay (Director of HR, TU Group and Job West Richmond Employer of the Year 2013/2014), Delia Meinhardt (Jobs West Manager), with Minister McRae



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# CONTRIBUTING TO OUR COMMUNITY: KNITTING FOR THE HOMELESS

### **BY MARIE PUTMAN**

About two years ago I bought my first spool of wool from Zeller's. I started knitting scarves. I wanted to give back to society and consider the needs of homeless people. I thought I would help keep homeless people warm through my talent of knitting.

I learned knitting when I was a little girl, while I was going to school. My mother would encourage me to count to thirty-eight while I was knitting which helped me finish my projects. I like knitting very much and it is one of my hobbies.

Whenever I have leftover wool I give it to my mom and she makes toques for the homeless. She makes them in the same colour as my scarf, to make a matching set. After the toques and scarves are completely knit I have a technique that helps make them fluffy. I cover the scarves with a light damp cloth and use a medium warm iron over them. Then I dry the scarves out.

> To get the scarves to the people in need, my mom delivers them to her friend who then takes them to her church. The church hands them out to people in need.

## WANT TO BE THE FIRST TO KNOW About DDA and community events?

Subscribe to our newsletter by emailing communications@develop.bc.ca

# STARBURST SPRING 2015

FAMILY SUPPORT GROUPS Sponsored by the developmental disabilities association

## VANCOUVER CHINESE SUPPORT GROUP

General support for children's and adult's issues in Cantonese and Mandarin.

MEETING:	3rd Saturday of the month from 6:30-8:30pm
PLACE:	4948 Fraser Street, Vancouver
CHILD MINDING:	Available on site when requested at least one week in advance of meeting
CONTACT:	John, 604-323-1328 or john_ tsang2000@yahoo.ca

## **DDA YOUTH IN TRANSITION**

Support information for transition to adulthood.

MEETING:	December 3, 2014 at 6:30pm
PLACE:	Britannia Community Centre, 1661 Napier Street, Vancouver
	1 /
MEETING:	November 1, 2014 at 10:30am
PLACE:	Vancouver Resource Society, 2006 West 10 Ave, Vancouver
CONTACT:	Liz Cochrane 604-733-6252 or transitionparents@gmail.com

## **BOLLYWOOD MAZA**

Support to families in Hindi and Punjabi

MEETING:	Every Wednesday 3:30 to 4:30pm
PLACE:	4948 Fraser Street
CONTACT:	
	mhajduk@develop.bc.ca

## VIETNAMESE FAMILY SUPPORT GROUP

Support to Families in Vietnamese

	MEETING:	Second Thursday of the Month 6:30pm to 8pm
	PLACE:	3455 Kaslo Street Vancouver
CHILD	MINDING:	Available on site when requested at least one week in advance of meeting
	CONTACT:	Nikki Tran at 778-895-2535 from 6:00 to 9:00pm or Trinh Tran at trinhhope@gmail.com



make an impact in the lives

of children and adults with developmental disabilities.

Donate clothing or bottles at any of our bin locations.

Host a donation bin at your business.



Host a donation Bin at your special event.

By donating used clothing or by hosting a bin, you are helping fund essential programs and services for people with developmental disabilities in Vancouver and Richmond.

To find out more, please call 604 273 4DDA or visit www.develop.bc.ca

# VISIT OUR SOCIAL MEDIA OUTLETS TO FIND OUT WHAT'S HAPPENING AT DDA AND YOUR COMMUNITY.

- 🐼 BLOG: www.dda604.com
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  - TWITTER: twitter.com/dda604
- YOUTUBE: youtube.com/dda604

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SUITE 100 — 3851 SHELL ROAD, Richmond, BC Canada V6X 2W2



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