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# COMMUNITY Partnerships At Work!

### THE 3SPHERES<sup>™</sup> PROJECT

#### **BY ALANNA HENDREN**

DDA has had a longstanding collaborative relationship with JDQ Systems, partnering with this local technology firm through their 3Spheres<sup>™</sup> projects and engaging them to develop our Alchemist personal planning and costing system that measures the individual achievements or the outcomes we help produce for the people who we support. The 3Spheres<sup>™</sup> initiative represents JDQ's corporate values of learning, helping and profiting. To this end, they contribute some of their expertise and time to worthy non-profits who wish to increase their capacity, sustainability and effectiveness.

We have worked with JDQ for the last several months to develop an affordable, collaborative service robot that could help staff provide superior supports to individuals with disabilities. Since all service providers and families who receive direct funding are struggling with recruiting and retaining trained staff at the low rates CUBC funds for supports, we know this struggle will continue to overwhelm our ability to provide human services for years to come. Due to increasing demands for caregiving personnel in areas of seniors' care, we have embarked on this adventure of developing robotic assistants to augment the abilities of the people who we support so they can increase their indepence, even later in life.

### "

...we have embarked on this adventure developing robotic assistants to augment the abilities of the people who we support.

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Carol, one of our most tech-savvy residents, agreed to join the design team and has been helping developers understand how robotics and artificial intelligence can help her reach her full potential.

We are now very excited to announce that the Department of Computer Science at UBC has joined our existing partners in this project - JDQ and the BCIT Faculties of Mechanical Engineering and Business Operations. Supported by a Natural Sciences and Engineering Research Council of Canada (NSERC) Engage grant, UBC Robotics PhDs will join the 3Spheres<sup>™</sup> Robotics Project team to help develop and prototype a collaborative service robot that will use sensors and the latest Artificial Intelligence technology to map environments, understand individual goals, schedules, strengths and needs, respond to voice commands and connect individuals to the World Wide Web for purposes of daily living tasks such as communicating, learning, appointment scheduling and entertainment. University researchers received \$25,000 Engage Grants for their collaboration with JDQ on short-term research and development (R&D) projects that apply



their expertise to address DDA's collaborative service robot challenges. JDQ and DDA gain by having the expertise of the academics focused on our R&D issues and by discovering what the researchers and the students working with them have to offer.

Carol's goal is greater independence and increased opportunities for social interactions. She doesn't let the rest of the project team off lightly. Carol is clear about what she wants and likes, influences the design of the physical robot and the tasks it can execute. She recently shared an early prototype with her housemates to cries of great delight and laughter.

We are excited to engage our new robotics PhD partners at UBC and are grateful for their interest in working with the folks who we support. This relationship extends UBC's involvement with DDA, which also includes our joint work in infant development, developmental screening, and early childhood education.

To fund future R&D collaborations with BC Universities and industry partners like JDQ, DDA will be exploring new "crowdfunding" initiatives this fall, powered by websites like Indiegogo.com, and other matching R&D grant programs. While the design and development of a safe and effective collaborative service robot for the DDA group home environment will take several years, we expect many smaller but useful technology spin-offs, supporting DDA's technology goals, in the short term.



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# HAPPY PRIDE!

**BY MARSHA GOLDFORD & TASIA ALEXIS** 

This year's 38th Pride Parade slogan was 'We are better together!' and for the 17 clients, staff and friends who volunteered to march in celebration of DDA, this was especially true.

With a record 650,000 in attendance, there were 138 entries and thousands marched in celebration of diversity and in support of the basic human rights and freedoms that we as Canadians value so strongly.

Not only did we experience perfect weather, but our troupe of marchers met Prime Minister Justin Trudeau as the parade was about to begin. Prime Minister Trudeau is the first PM to have marched in Vancouver's annual Pride Parade and as he made his way through the multi-coloured floats and animated parade participants, he made a beeline for Arthur Hale (above), one of our clients, to give him a big bear hug. He spent a few extra moments taking selfies and chatting briefly with us before his team whisked him along to his place in the parade. Even people with diversabilities can

be GLBT



The sense of community in this event and the sheer joyfulness of participants and on-lookers alike was palpable.

DDA volunteers, adorned in flashy bling, carried signs, rainbow flags and windmills; handed out magnets and squirted water into the crowds of welcoming spectators lining the parade route. On three occasions en route, parade announcers stopped the procession to offer a brief account of each entry. It was a great opportunity for people to learn about who we are and the good work that we do for the community.

To quote one of our clients, "Even people with divers-abilities can be LGBTQ2+".

At DDA, we embrace and put into practice every day the values that the Pride Parade embodies – diversity, inclusion and community. For those who marched for DDA, it was an experience we won't forget for a long time to come.



Got stuff



On June 27th we hosted our 9th Annual DDA Night @ the Nat! Over 200 DDA clients, staff, family members and business partners enjoyed a warm summer evening watching a great baseball game.

This is a very special night for DDA as we're able to spend time with our DDA Family!





### **5th ANNUAL DDA MOVIE NIGHT**



We had a wonderful turn out of over 340 people for our 5th DDA Outdoor Movie Night! Our guests enjoyed balloon twisting, face painting, arts & crafts and more before settling in to watch Pixar's Inside Out. Thanks to our volunteers and everyone who brought clothing donations and congratulations to the winner of the Family Pack of movie tickets.







### **ALYSSA'S GRADUATION**

Congratulations to our client at Curzon, Alyssa Walterson, who graduated from MCNAIR Secondary School on June 10, 2016. She was awarded a full scholarship to the Access Program for People with Disabilities (APPD) at Kwantlen Polytechnic University.

With over 900 guests in attendance, Alyssa crossed the stage with confidence to receive her award and certificate as graduating students, teachers and guests cheered.

The Access Program Award offers training in work exploration, job preparation, strategies for employment and vocational training. We are so proud of her and wish her the very best.

> In case you missed our Annual General Meeting, check out our video or digital copy of the Annual Report online!

www.develop.bc.ca video: www.youtube.com/dda604



MATTHEW MCNAIR SECONDARY 2016

### DABC COMMUNITY UPDATE

HOUSEHOLD SIZE AND TYPE	SUPPORT	SHELTER MAXIMUM	TRANSPORTATION Support Allowance	BENEFITS TOTAL
Single Person	\$556.42	\$375.00	\$52.00	*\$983.42 **\$931.42
Couple: One receives PWD	\$725.56	\$570.00	\$52.00	\$1,347.56 \$1.295.56
Couple: Both receive PWD	\$999.06	\$570.00	\$104.00	\$1,673.06 \$1,569.06
Two-parent family: One child, one person receives PWD	\$819.56	\$660.00	\$52.00	\$1,857.06 \$1,753.06
Two-parent family: One child, both receive PWD	\$1,093.06	\$660.00	\$104.00	\$1,857.06 \$1,753.06
One-parent family: one child	\$697.08	\$570.00	\$52.00	\$1,319.08 \$1,267.08

Starting September 1st, there will be changes to the bus pass program for person receiving the PWD benefit. This table shows the new maximum support, shelter, and transportation support allowance rates for PWD recipients. Please note that the two amounts in the "Benefits Total," column indicate the different amounts a person will receive with and without the cash Transportation Support Allowance.

\*PWD recipient takes Transportation Support Allowance in cash

\*\*PWD recipient uses Transportation Support Allowance for a bus pass

For more information, please call the Ministry at 1-866-866-0800 or email SDSIBUSPA@gov.bc.ca

### 4 TIPS TO TRANSITION BACK TO SCHOOL FOR CHILDREN WITH AUTISM

BY: CHRISSY KELLY, www.lifewithgreyson.com

# Chrissy Kelly is a mother of two boys with autism, Greyson and Parker and a regular contributor to the Autism Speaks website. Thank you to Autism Speaks for sharing their article with DDA!

Going back to school can be extra stressful for children with an autism spectrum disorder (ASD). People with ASD often have greater difficulty with transitions. This may be due to a greater need for predictability and routine, challenges in understanding what is coming next, or difficulty when a pattern of behavior is disrupted.

Transition strategies can reduce anxiety, increase appropriate behavior and help students participate successfully in their school environment by making a more gradual entrance. Here

are some things we do to help with the back to school transition.

### 1. Spend time at school

A couple of weeks before school starts, we go to visit, hang out on campus and discuss the upcoming change.

#### 2. Visual supports

There are several research based, visual strategies that are used to support individuals with ASD in preparation for a transition. One of our favorite ways to prepare for the unexpected is by using Social Stories. This tool is a great way to identify a concern and develop a story that supports the desired outcome. The stories are written from a child's



perspective using language that is appropriate for that child's development.

Your story should address any specific strengths and deficits your child may encounter during the school day, while always creating a positive outcome. For example, if your child has difficulty eating lunch in the cafeteria due to the volume, you can remind them of self regulation strategies that have been successful in the past.

#### 3. Dress rehearsal

There's nothing worse than stiff, brand new shoes or a scratchy shirt tag. But to a child with autism and sensory issues, these things have the potential to ruin their day and seriously impede their ability to learn and adjust.

Break in new shoes and clothing before school begins. If you can, have your child use and wear these items for a few weeks before their first day. Depending on how much routine your child needs, you may want to use a new lunchbox or back pack several times leading up to the start of school.

### 4. Communication notebook

Part of building a good relationship between school and family is communication. I know this tool helps put my mommy transition anxiety at ease, and it also helps to set your child up for success. A frequently used writing tool for home-to-school communication is a notebook the child carries home daily.

The most successful models contain a two way exchange of information. Just as we desire to know what our child is doing at school, the teachers desire to know if there is any information about your child that may affect them at school. Perhaps your son has been crying frequently, or your daughter woke up at 4am and hasn't gone back to bed. Those are the types of things important for a teacher to know. Make sure your child's teacher is willing and able to contribute to this method of communication, and be sure and let them know what kind of information, and the frequency you are looking for.

Despite all the planning and execution, it often takes a few weeks for both students, Teachers and parents to fall into a working routine, so be prepared for a few kinks along the way. As a mother, I know how hard it is to let your child out into the world. Especially if they don't have the verbal ability to tell you about their day.

But sometimes we must simply let go, and let them share their awesomeness with the rest of the world.

Note: This article has been adapted from Autism Speaks



# **CONGRATULATIONS BRYAN LE!**

#### **BY: KIRSTI INGLIS**

DDA would like to congratulate Bryan Le, the 2016 DDA scholarship recipient at John Oliver High School. Bryan was nominated by his life skills teacher Richard Grohmann for his dedication and hard work over the past 3 years. When asked why he nominated Bryan, Richard reported, "Bryan is a very thoughtful, conscientious young man who takes pride in a job well done; whether in the classroom or at one of his many, varied volunteer work experience projects in the community. Bryan is a good role model to his peers and enjoys new challenges and experiences. His enthusiasm is infectious and he shows a great sense of commitment to seeing a job through to its successful completion."

Bryan's father, Mr. Le, attended the scholarship presentation and was very proud of his son and grateful to DDA for the recognition of his son's hard work and perseverance. "Bryan has overcome challenges and receiving this scholarship gives me a lot of pride. We are looking forward to celebrating his success with family and friends."

Bryan will be joining our West 8th Day Program this fall and focussing on increasing independence and life skills as part of preemployment. We would like to congratulate Bryan on his success and welcome him to DDA. We look forward to watching you continue to grow and accomplish great things!

# WANT TO BE THE FIRST TO KNOW ABOUT DDA AND COMMUNITY EVENTS?

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### TAMYA SENDER WINS JAMES KARLINER AWARD

#### **BY: KIRSTI INGLIS**

This June, DDA was pleased to present Tamya Sender of Point Grey Secondary School the James Karliner Award. This \$500 scholarship is awarded to a promising graduate who has demonstrated great effort, perseverance and dedication in completing high school.

Attending Tamya's graduation party and meeting her teachers, family and friends, it was clear to see how much Tamya has grown and worked over her years at Point Grey. She has clearly touched the lives of so many people. Tamya is an accomplished artist and her teacher hopes the scholarship will help her in continuing with her art. We wish her the best of luck as she transitions to adulthood and look forward to seeing her next masterpiece. Congratulations Tamya!



### DDA ACKNOWLEDGES STUDENT'S SUCCESS

Graduation is an exciting time for students and a time to recognize success and accomplishment. Once again this year, DDA committed to offering an annual scholarship to a special needs student at each high school in Vancouver and Richmond who has demonstrated the greatest perseverance and hard work in achieving graduation. DDA congratulates all of the scholarship recipients and wish them the best of luck in the future.

#### **Congratulations to:**

Vincent Guan Carmen Noah Derry Chen Christian Seneca Bryan Le Elizabeth Szalkai Claudia Yuen Adam Pratt Kelyn Clowes Stephanie Ma Tamya Sender Megan Francis Calum Bente Lily Tan JC Martinez Seth Cutter-Stovicek Kyle San Agustin Stephan Koren Navid Tejani Tanvir Khera Kenneth Tran Jordan Kyer Jillian Limoanco Riley Koyanagi Tom Forbes Will Zheng Shewanie Gounden Jack Ng



### CAN ANYONE CONTRIBUTE TO A HENSON TRUST?

#### BY: DAVID CHEN, BSc, BA, CPCA, FPSC Level 1, Lead Advisor, DC Complete Financial

For parents familiar with disability financial planning, the term disability trust, Henson trust or discretionary trust are terms you will be acquainted with. These are often complicated instruments to work with.

These trusts offer the ability to exclude valuable assets from "needs tests" that parents want to leave for their children to use to lead a more comfortable life than the poverty level lifestyle that the province provides. These trusts are powerful tools that, when used incorrectly, can lead to unintended effects like maximum taxation which in turn, can jeopardize the ability of the trust to last the lifetime of the beneficiary. However, used correctly, they exempt assets and reduce taxation of the earnings so that they may provide a lifetime of financial resources to the beneficiary.

Since trusts may be complicated and costly to set up, during educational workshops a common question parents ask me is "can anyone contribute to the trust I set up for my child."

Invariably the answer is "no" from a taxation perspective if the trust was set up at the passing of the parents.

Trusts are seen by the government as a method to avoid taxation. As a result, the default tax rate is the maximum tax rate and not a marginal one. The latter tax is a sliding scale that increases significantly as the amount of income goes up hitting as high as 47.7% with the BC and federal tax rate combined as opposed to the lowest rate of 20.06%. That means that 48 cents of each dollar of income becomes tax if the default tax rate is used.

Set up correctly, a Henson Trust would be preferably set up on the passing of the parents and would therefore enjoy a marginal tax rate thereby offering tax relief in most cases. We must watch for anything that could jeopardize that status.

To remain in the marginal taxation state, all of the assets put into a trust must come from people who have passed away. Should any asset come from someone still living, the default maximum tax rate then will prevail. Such an event is typically not reversible and could seriously impact the ability of the trust to last the life of the child.

As a rule of thumb, to keep things simple and avoid complications and negative effects, trusts probably are best reserved for the assets of one individual who has passed away. Preventing others to contribute to it avoids invalidating the preferential tax treatment of the trusts income.

For more tips and advice on planning financially for your child, see a trusted advisor proficient with disability financial planning.



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# I AM A DDA STAR

#### **BY: SIENNA TURTON, SELF ADVOCATE**

My life started with DDA and began with the Infant Development Program (IDP) when my Consultant, Bonnie Barnes, came to my home when I was only six weeks old!!! Little did my family know what was ahead for us all. Thanks to Bonnie and my physiotherapist Pauline Bingham, coming regularly to our home. My family slowly learned how best to help me grow and develop. It never seemed like work, we laughed a lot in our sessions with Bonnie!

One of the biggest things that helped me was learning sign language. Guess when I first started? At nine months old! My family attended sign language classes so we could all talk with each other. My mom also hired a speech and language pathologist who taught the class and my mom and I worked with her from when I was eighteen months to three years old. We took our sign language dictionary everywhere we went. I slowly was able to be more and more verbal. By the time I was eight years old. I had slowly started dropping sign language and becoming verbal enough that most people could understand me. In fact, by this time, I had acquired over 4,000 sign words.....Yes, you heard me, 4,000 sign words!!! I have forgotten most signs, but when I go to concerts, one of my very favourite things to do..... most recently "ADELE"!!!.... that's right, I was lucky enough to attend her phenomenal concert!! I sign with my family because it can be so loud!



This support will give me the foundation for my adult life 77

When I was a toddler, my older sisters also co-wrote a monthly siblings newsletter for IDP. There is no way that I would be where I am at today without Justine and Nicole. Not only did they attend the sign language classes with me, learned how to play with me but went to Mother Goose classes with me too.... That is where my love of music started : )

Fast forward. I am almost 19 and just about to transition out of my teenage years into adulthood!! Learning sign language, which led me to be verbal, helped me to be a strong self-advocate. We have had the most incredible guidance and education from the Family Support & Advocacy program. Terry Schenkel helped us with all steps of the transition planning. We would never be able to get where we are today without DDA's support. This support will give me the foundation for my adult life. I look forward to continuing enjoying my love of music, baking, cooking, technology, medical science and art.

Our family feels such love for DDA..... we are forever grateful, as they have been with us all of my life!

### A JOURNEY TO DISCOVERY AND SELF-CARE

#### **BY MICHAEL HAJDUK**

The parents and caregivers involved with the South Asian Parent Support Group had an extraordinary opportunity to participate in six group sessions, led and facilitated by Angela Carroll-Wallace, an Expressive Arts Therapist. The sessions took place in April and May of this year, and the focus of this program was on finding and experiencing avenues for stress relief, resource building, increased connectivity and community support through interactive creativity, self-expression and art making. While the parents and caregivers were immersed in creative art-making, their children were involved in Bollywood dance with their instructors from Shiamak group.

"Art making and creative activity helps to build community, connections and communication skills. Art is unique in that it offers individualized experiences, which can comfort you, sometimes provoke you, sometimes challenge you and sometimes it does all of those things. By creating artistic pieces and sharing their work with others, the person in distress receives a sense of connection with those in similar situations, and the realization they are not alone" says Angela.

The participants of the workshops really enjoyed the challenging journey that took six weeks, learned something about themselves and got inspired to look for a brighter and more vibrant future. They also look forward to participating in other workshops offered by DDA's Family Support Program.











# **CONTRIBUTE TO THE STAR!**

WE WANT TO HEAR FROM YOU!

Do you have comments, thoughts, or your own stories about DDA or people with developmental disabilities?

SEND SUBMISSIONS TO COMMUNICATIONS@DEVELOP.BC.CA

# **DDA'S SUMMER STUDENTS**

DDA was excited to welcome summer students with the help of the Canada Summer Jobs funding this year. Service Canada offers grants to employ students up to age 30. Our summer students spent their warm months in various departments which included child & youth, residential, day programs, and the business centre.

We kept our students busy as they helped with donation bin maintenance, acted as program assistants with our clients, and even assisted in carrying out our fitness programs which resulted to our annual Walk & Roll walkathon with over 150 people in attendance! Our staff was happy to welcome these students, giving them the opportunity to provide mentorship and valuable work experience. On behalf of everyone at DDA, thank you to our wonderful students for all their hard work.

"What started as a simple summer job has stretched into three years and so much has happened in my life. It has been a great experience working at DDA and I will take valuable skills with me as I move forward." QUINN MARCEIL



"Working with the DDA this summer has taught me a lot about how clothing charities operate, and the importance of donating to the 100% non-profit charities."

**HYATT SMITH** 

"The clients showed me happiness can come from the smallest things and smiles on their faces are what drive me to work every morning. The Holiday Options team also continually inspires me to step out of my comfort zone and reach for goals I wouldn't have if it was not for the tremendous support from the team members."

**VANESSA TAM** 

### THANK YOU TO OUR SUMMER STUDENTS:

Daniel Belmonte Janny Chan William Chiu Aiden Conte Amy Cornish Sarah Dunn Tina Gohar Alex Guerrero-Molnar Charlotte Gunn James Hsin Lois Lee Jeffrey Mah Scott McCabe Evelyn McIntyre Rhea Morales Samantha Murray Michelle Owusu-Ansah Samantha Pawer Cody Silvennoinen Hyatt Smith Vanessa Tam Shiri Wenger



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STAPLES

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1999 Marine Dr North

Vancouver

10136 King George Hwv

Surrev

Gurdwara Sahib Dasmesh

114 12885 85th Ave, Surrey

New Rick Appliances

12291 W Railway, Abbotsford

Abbotsford Banquet &

**Conference Hall** 

33738 Laurel St, Abbotsford

Chef Kebab

16224 Fraser Hwy, Surrey



Guru Nanak Sikh Gurdwara 7050 120th St, Surrey



MJM Furniture 3057 Grandview Hwy Vancouver



Squamish Community Service 38647 Buckley Ave Squamish

De Benedetto Import Foods 4453 Hastings St, Burnaby

Sapperton Liquor Store 444 E Columbia St, New West

Big Chief Plaza 37827 2nd Ave, Squamish

Ace Badminton Centre 9151 Van Horne Way, Richmond ncouver 857 3rd S



EnterPack 857 3rd St W, North Vancouver



Foody World 3000 Sexsmith Rd, Richmond



Jiva Organics 7742 Fraser Park Dr, Burnaby



Jack's Public House 7050 120th St, Surrey



Lordco Auto Parts 7637 Edmonds St Burnaby



Mission Golf & Country Club 7984 Nelson St Mission



Nijjer Blueberry Farm 6271 No 5 Rd Richmond



White Spot 20855 Lougheed Hwy, Maple Ridge

A&K 88 Auto Sales Enterprise 900 Kingsway St, Vancouver

Velocity Cars 3888 Marine Way, Vancouver

> Steveston Food & Veggie Market

9520 Steveston Hwy, Richmond



Richmond Night Market 8351 River Rd Richmond

A&W Restaurant 6535 Kingsway St, Vancouver

St. Michael's Parish 9387 Holmes St, Burnaby Hatzic Husky Gas Station 36617 Lougheed Hwy, Mission

Devan Greenhouses Ltd. 28904 Fraser Hwy, Abbotsford

District of West Vancouver 9786 22nd St, West Vancouver

Golden Lake Seafood Restaurant 3555 E Hastings St, Vancouver

Subramaniya Swamy Temple

8840 No 5 Rd, Richmond Noort Investments

32750 George Ferguson Way, Abbotsford

Walnut Grove Pub 20470 88 Ave, Langley



Squamish Adventure Inn 38220 Hwy 99 Squamish

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### FAMILY SUPPORT & ADVOCACY AUTUMN 2016 WORKSHOPS

#### WORKSHOPS AT THE VIETNAMESE FAMILY SUPPORT GROUP MEETINGS:

- What is the Persons with Disabilities (PWD) Benefit and how to apply on September 8 at 6:30pm at 3455 Kaslo Street, Vancouver with Terry Schenkel
- Positive Behavioural Supports Training on October 13 at 6:30pm at 3455 Kaslo St. with Ryan Bazylak, Consultant
- Information Technology: Apps and how to use them, Part 2 on November 10 at 6:30pm at 3455 Kaslo St. with Loubna Kalaaji
- Substitute Decision Making Tools on December 8 at 6:30pm at 3455 Kaslo St. with Terry Schenkel

Please call Nikki Tran at 778-895-2535 from 6:00pm-9:00pm for more information

#### WORKSHOPS AT THE BOLLYWOOD MAZA FAMILY Support group meeting:

- What is Occupational Therapy? on September 21 at 3:30pm at 3455 Kaslo St. with Tina Pardiwala, Occupational Therapist
- How to prepare for an Individual Education Planning (IEP) with Pat Sykes on October 1 at 11am at 3455 Kaslo St. This workshop will be in English.

Please contact Michael Hajduk at 604-301-2831 to register

#### TOPICS FOR THE YOUTH IN TRANSITION FAMILY SUPPORT GROUP:

- Overview of Transition Issues at DDA's Kaslo Hub, 3455 Kaslo Street, Vancouver on October 5 at 6:30pm
- Accessing CLBC Services at Vancouver Resource Society, 2006 West 10 Avenue, Vancouver on November 5 at 10:30am
- Sexuality and Safety at DDA's Kaslo Hub, 3455 Kaslo Street, Vancouver on December 7 at 6:30pm
  - Please contact Liz Cochrane at 604-733-6252 or transitionparents@gmail.com for more information

#### FAMILY SUPPORT & ADVOCACY/INFANT Development program workshop:

Financial Planning for Young Parents with Children with Special Needs with David Chen on November 5 at 10am at 3455 Kaslo Street, Vancouver

Please call Shixin Gao at 604-435-8166 to register

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# **STARBURST FALL 2016**

FAMILY SUPPORT GROUPS SPONSORED BY THE **DEVELOPMENTAL DISABILITIES ASSOCIATION** 

#### VANCOUVER CHINESE SUPPORT GROUP

General support for children's and adult's issues in Cantonese and Mandarin.

MEETING: 3rd Saturday of the month from 6:30-8:30pm PLACE: 4948 Fraser Street, Vancouver CHILD MINDING: Available on site when requested at least one week in advance of meeting CONTACT: John at 604-928-8289 john tsang2000@yahoo.ca

#### YOUTH IN TRANSITION

Support information for transition to adulthood.

MEETINGS: October 5 & December 7 at 6:30pm (3455 Kaslo St., Vancouver) November 5 at 10:30am (2006 West 10 Ave. Vancouver) CONTACT: Liz Cochrane at 604-733-6252 transitionparents@gmail.com

#### **BOLLYWOOD MAZA**

Support to families in Hindi and Punjabi

<b>MEETING:</b>	Wednesdays 3:30 to 4:30pm
PLACE:	4948 Fraser St., Vancouver
CONTACT:	Michael Hajduk at 604-301-2831
	mhaiduk@develop.bc.ca

#### VIETNAMESE FAMILY SUPPORT GROUP Support to Families in Vietnamese

**MEETING: Second Thursday of the Month** 6:30pm to 8pm PLACE: 3455 Kaslo St., Vancouver CHILD MINDING: Available on site when requested at least one week in advance of meeting CONTACT: Nikki Tran at 778-895-2535 from 6:00 to 9:00pm

#### JAPANESE FAMILY SUPPORT GROUP

Lower Mainland general support to families in Japanese MEETING: October 2016 (date TBD) at 10am PLACE: 3455 Kaslo Street, Vancouver **CONTACT:** Chigusa Barners at chishebarnes@msn.com

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YOUTUBE: youtube.com/ Þ dda604

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